

Linn County Adaptive Sports & Recreation



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Program	Description	Contact name & Info	Link
Adaptive Fitness Alliance (PROGRAM CURRENTLY ON HOLD)	Adaptive fitness sessions including: personal training, group fitness, kickboxing /boxing, kettlebells, self-defense, seniors Parkinson's fitness, and more! Ages: All	Roni Harless, CPT adaptivefitnessalliance@gmail.com (515) 991-1929 PROGRAM CURRENTLY ON HOLD	
American Youth Soccer Organization (AYSO) EPIC Soccer	Soccer for children or adults with physical or mental disabilities. Ages: 4-19	Matt Vrba, Program Administrator mattvrba.aysocr@gmail.com (630) 926-9634	
Cedar Rapids Metro YMCA/ Grant Wood Area Education Agency (GWAEA)	Sports programs for children with disabilities in a 4 week program. Adapted physical education. Ages: 6-12 & 13-21	Kaitlyn Studer, Metro Sports Director studer@crmetroymca.org (319) 366-6421 x121 Rhyanne Hartwig, Adaptive Physical Education Consultant rhartwig@gwaea.org	 
Cedar Rapids Power Soccer Association (CRPSA)	Power chair soccer	Carol & Laura Cross, CR PSA founders carolkcross@hotmail.com	

Program	Description	Contact name & Info	Link
Cedar Rapids Curling Club	Curling club with adaptive division providing instructional sessions and competitions available to people of all age groups and physical abilities.	Phil Burian, President of CRCC phil.burian@cedarrrapidscurling.com info@cedarrrapidscurling.com	
City of Cedar Rapids	Planning and accessibility services	Haley Sevening, Planner III h.sevening@cedar-rapids.org (319) 286-511	
City of Cedar Rapids Parks & Recreation	Year round recreation and leisure activities for all ages and special programs for athletes with disabilities.	Lindsay Wookey, Parks & Rec Coordinator L.Wookey@cedar-rapids.org	
City of Marion Parks & Recreation/ YMCA	Co-ed sports league for children with mental or physical disabilities including Adapted swim lessons	Brinkley Braden, Recreation Coordinator bbraden@cityofmarion.org Seth Staashelm, Parks & Rec Director sstaashelm@cityofmarion.org (319) 447-3580 (319) 373- 8135	

Program	Description	Contact name & Info	Link
Extensions Dance Academy- Adaptive Dance Classes	Provides a 6 week adaptive dance session for children of all abilities. Ages: 5+	Jen Shebetka, Director/Instructor Jen@extensionsdanceacademy.com (319) 360-6884	
Indian Creek Nature Center	Provides 3 all terrain wheelchairs to hike and access trails.	Sarah Halbrook, Director of Development & Marketing shalbrook@indiancreeknaturecenter.org	
Kiwanis Miracle League	Noncompetitive baseball league for individuals with special needs of any age.	Sophie Malcolm, Director of Social Media and Community Engagement skmalcolm94@gmail.com miracleleague.linnco@gmail.com	
Linn County Conservation	Provides information and accessibility about parks, trails, and other programs in the county. Also owns 1 all terrain wheelchair for use at Wickiup Hill Learning Center trails.	Amy D'Amico, Lead Naturalist Amy.DAmico@linncountyiowa.gov (319) 892-6485	

Program	Description	Contact name & Info	Link
Linn County Public Health Adaptive Sports & Recreation	Community Health improvement process for Linn County implementing accessible sporting and leisure opportunities with use of Healthy Eating, Active Living grants.	Jacquie Montoya, Public Health Program Planner jacquie.montoya@linncountyiowa.gov (319) 892-6021	
LinnMar Aquatic Center	SwimAngelfish certified instructors teaching adapted swim lessons offered 1x per year.	Parker Crow, Aquatic Center Manager parker.crow@Linnmar.k12.ia.us 892-4800	
Miracles in Motion	Adaptive and therapeutic horseback riding classes.	Deb Leichsenring, Executive Director miraclesinmotion@gmail.com (319) 857-4141	

Program	Description	Contact name & Info	Link
National Disabled Veterans Golf Clinic	Program providing adaptive golf and rehabilitation for Veterans with qualifying disability	Nick Beelner, Director National Disabled Veterans Golf Clinic (319) 358-5963 nicholas.beelner@va.gov John Kleindienst, Voluntary Services Director jkleindienst@dav.org (859) 442-2056	
The Pointe School of Dance- A Chance to Dance	Dance classes designed for students with special needs. Ages: 5+	Vanessa Terrell, Director vanessa.thepointe@gmail.com Laura Goeing, Studio Operations Manager laura.thepointe@gmail.com (319) 302-3880	
Special Olympics Iowa	Special Olympics competitions in local counties for individuals with cognitive impairments	Sela Ingalls, Regional Competiton Coordinator singalls@soiowa.org (515) 986-5520	